

Does Height Matter When Dating Online?

1 area that I have always had trouble with providing advice on was, how do you reveal your height online. In real life, I tell men it doesn't matter how tall you are and that if you are bothered by it, women are going to be bothered by it. But if it doesn't seem to faze you, women won't care either.

Of course there are exceptions to every rule. But the same can be said about other traits that certain women may not admire for superficial reasons.

So I reached out to my friend and online dating expert, Adam Gilad and asked him the question: Do you think shorter men should say how tall they are in their online profile?

Here are his responses:

Adam: " I'm not so tall myself; although my mother thinks I'm 5'11". I have two very specific pieces of advice that shoot straight from the core of my entire teaching, which is that YOU define the frame of your life, YOU define your reality, YOU set the boundaries and let the women follow. We are still an instinctual, tribal species. If you lead - she will follow. For some girls, height, as weight, race, income etc can be a defining issue. But those are the minority"

Tip #1: Don't give a shit. Never bring it up. If you don't care, they generally won't care. As I always teach, assume you are worthy, assume she already wants you, and assume that she knows she would be lucky to be with you once she gets to know you. And CARRY YOURSELF THAT WAY at all times. I have known so many couples that look like reverse bar graphs. My own gf, who is 5'7" towers over me when she straps on Stilettos. So what? It only makes me look more like "the man" to the world bc she is striking and gorgeous up there. And anyone looking at us knows I am confident because I clearly don't care. I don't mind spending the evening kissing her shoulder if I have to. The top of her head can wait till we get into bed at home.

Tip #2: If a taller she brings it up, shirk it off. Say superficial stuff like this doesn't bother you at all. "Besides, when we go out and you're in heels, you'll shine even more - which is how it should be. I want the eyes on you anyway." It's the feminine that should shine. That's why formalwear for men is black, and for women, all the colors of a tropical bird. Or candy.

Confidence is the absolute key here - and stick to it.

If you want to play with the situation and if she wants it - get shoes that have lifts for when you go out to parties as a couple. My 5'6" buddy does that with his 5'6" girlfriend and they're happy as can be.

Tip#3: Two words -- Asian. Girls.

Now go out and bring your best, most vibrant, funny, confident, giving, visionary self. And forget about height. It has nothing to do with the man you are.

Adam Gilad

****To learn more from Adam about how to date online successfully [Click Here](#).**

Adam has a ton of great advice on how to date online and attract younger and super hot women. His specialty is teaching men to write online dating profiles and emails that instantly grab attention and make women want to meet you in person.

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