



# The Wing Girl Method

Learn what women want, straight from the source

## Your FREE SPECIAL Guide:

*Behind The Curtain: The Inner Workings Of A Woman's Mind*

*The Real Unfiltered Truth Of What You Need to Approach, Attract, Date or Seduce Every Woman*



A dating guide for men, written by women

(Your privacy is important to me and 100% confidential. Your information will never be shared with a third party. You must be 18 or older.)



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Dear Friend,

Hi my name is Marni.

I'm the founder of the Wing Girl Method: one of the world's first and only dating advice services run by women for men. Most dating and pick up sites are created by men – but we think that no one can give you insights on the female mind like another woman.

As a woman, I am so happy that you have opted into reading The Wing Girl Methods Special Guide:

**“Behind The Curtain: The Inner Workings Of A Woman’s Mind  
The Real Unfiltered Truth Of What You Need to Approach, Attract, Date or  
Seduce Every Woman”**

I believe in order to truly be successful with women you must first understand women and what it is that they want from men.

Our Special Guide is a compilation of thoughts, opinions and points of view from women all around the world on what really goes on inside a woman's mind. It is also a little taste of the type of information you will receive on an on-going basis from The Wing Girl Method.

The reason that this type of information has been kept so secretive throughout history is because most women do not have the capability to express what it is they want. In fact, most women don't even know or understand what they want. They think they do but they don't.

How do we know this? Because we are women and we have interacted with hundreds and hundreds of women throughout our lives.

Now the women of The Wing Girl Method are just like all the other women in the world except they have 1 additional attribute that will be very useful to you. They have the ability to articulate what women want.

An even greater skill that the women of The Wing Girl Method have is the ability to explain to men [How To Become The Man Women Want](#).

We do this in several ways. One is through the weekly newsletters that you have opted into. Each newsletter will provide enlightening information about women, how they work, what they think and what they want.



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Another is through our [Video & Audio Programs](http://www.winggirlmethod.com/products/)  
(<http://www.winggirlmethod.com/products/>)

And yet another is through our [Coaching Services](#) where you get hands on advice directly to fit for your needs.

Each of these tools will help you in assist you in [becoming the man women want](#) and the man you have always wanted to be with women!

Our job as Wing Girls is not to change you. It is to help you become the best version of yourself by becoming informed and experienced.

Information and experience are the keys to self-assurance and comfort. And Self-Assurance and Comfort are what will make you a man that understands women. A man that can approach and engage any women without fear of rejection. A man that women will want!

So no more wasting time! We want to start giving you the information you need right away to get started.



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## **What The Hell Do Women Want?**

I know you have your own beliefs about What Women Want based on past experiences.

I also know you may be skeptical of me and my ability to understand what women want and verbalize what it is that attracts us.

I want to assure you that unlike other women in your life who are trying to spare your feelings, I'm going to give it to you straight.

I won't tell you to "just be yourself" or "give her compliments". I won't say "you are such a great guy, I am sure that some woman will see that and fall in love with you."

I am going to tell you the truth. I am going to tell you when you are being a wimp, a wuss, a pushover and a man that will not be able to attract women.

I am also going to tell you how to make changes in your self that will not only turn others on but turn you on too 😊

The promise that I need from you is the promise of action. I am going to provide you with powerful information that will guarantee success with women BUT none of this information will work unless it is put to practice.

Watching 18 hours of PUA techniques is not going to get you women. Absorbing the information and using it in your every day life will.

If I have you are willing to make this commitment then please read on to find out what women want from a man.

## **Women Want A Man Who Is:**

### **Self Assured, Calm, Collected, Comfortable and Direct**

This man may come in different packages and versions BUT the foundation is always the same.

I want to go into greater detail on each of these characteristics so that you can understand why each of them is important to women.



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## **Self Assured**

This is man who is confident and believes he is worthy of great things.

He is not worried about rejection, never focuses on the “right thing” to say and always goes after what he wants. Not in an aggressive, jerky way. But in a confident way.

## **Calm**

A calm man is one that can handle tension. This means that if a girl does not call him back he doesn't freak out. He doesn't replay the interaction with the woman over and over and over again to realize where he made mistakes.

A calm man does not fall to pieces when confronted with a difficult situation. For example, when a woman throws out a “shit-test”. A man who panics and gets emotional when faced with a shit test is not properly handling tension. Therefore he is failing as a man in a woman's eyes.

## **Collected**

Collected means, having your act together. You are not overly needy. You don't write 5 paragraph long intro emails and you do not feel the need to instantly respond to texts.

You have a life. You have boundaries and you know what you want.

Once you have this belief in place and stick to it that energy will come across to women.

## **Comfortable**

Have you ever been around someone that you know is comfortable in his or her own skin? It's intimidating right? It makes you more uncomfortable and it makes you want to do things for that person or with that person.

You feel this way because you want to become this way. Everyone wants to be comfortable. Especially women.



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If women are with a man who exudes comfort, then they will feel secure, safe and attracted.

## **Direct**

This is the most important one.

Have you ever asked a woman what you are doing this weekend?

This question has multiple answers.

One could be: "I am going out with 5 other men who are not you."

Instead of making the above statement, try being more direct by saying "I want to take you out this weekend." This statement is clear, honest and leaves no room for interpretation.

Being direct and saying what you want is **THE MOST ATTRACTIVE** thing you can do with women.

Now that I have gone through everything that women want, I want to also tell you what women do not want.

## **Women Do Not Want A Man Who:**

1. Wants to be mothered
2. Is needy and dependent
3. Has no back bone and can be walked all over
4. Is not positive
5. Cannot handle tension
6. Is aggressive and abrasive
7. Doesn't know how to listen
8. Can't understand women
9. Is not proactive
10. Has no life outside of the women he dates

I am going to help you become the man women want. The man that women want to date, have sex with, connect with and have long relationships with.

Below are a ton of articles that have been written by my Wing Girls and myself. Each of these articles provides you with insider information about what women want.



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Read the articles with an open mind and if you ever have any questions about the content you read or want a further explanation feel free to write me an email: [marni@winggirlmethod.com](mailto:marni@winggirlmethod.com).

Marni



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## How To Work A Room: Starting Conversations With Women

Written By: Marni – Founder of The Wing Girl Method (Toronto, Canada)

Want to know 3 easy ways to Start Conversations With Women? It's actually pretty easy as long as you use one of the 3 conversation starters outlined below. I found these tips in this month's Men's Health Magazine and I have my comments written below for further instruction.



3 Great Tips for starting conversation with women and chatting up – and charming – any woman whether you're at an office function or a cocktail party.

### Seek Common Ground

Discussing how you're connected to the event or the host is an easy way to make someone you've never met open up and feel comfortable around you.

**Marni Comment:** *I really like this one. It is an easy way to start conversation and get to know another person. From there you can relax and get more comfortable with each other.*

### Pay A Compliment

If, for example, a woman you've been introduced to is wearing a bracelet you admire, tell her you like it – and WHY (the WHY is the important part). This shows that you're genuinely interested. Follow up with "Where did you get it?" or "What is it made of?" to keep the conversation going.

**Marni Comment:** One little note is to not get stuck on this topic of her bracelet. Be able to use this as an introduction and then transition into something else. Don't get stuck in your compliment.

### Ask Specific Questions

One of the best conversation starters is "What keeps you busy outside work?" Inquiring about someone's career can dead-end, especially if the person has a boring job. But asking about personal interests will get them talking and will reveal a lot about them.



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**Marni Comment:** This one is my favorite ways to get to know someone. It is where connections and common ground can be found. While asking this question take the time to think about whether or not you want to get to know this woman better based on her interests.

I would print out this list and look it over before going out to a social event. If you have this material on quick recall you will be able to relax because you know that you will always have something to say.

For more quick tips like this one I would check out Men's Health. As I said above, it is one of my favorite magazines that have tons of information on general topics for men from Health, to Sex, to Cooking.



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## How to Show Self Confidence

Written By: Desiree – Wing Girl (Long Island, NY)

The Wing Girl Method and all of its contributing members (over 50 women) have concluded that the number one quality a man can possess is CONFIDENCE. If you are not a confident man you will never get the women you want.



! For a story about pumping up ones confidence

Desiree, my newest Wing Girl has written a wonderful piece with easy instructions on How To Show Self Confidence. Simple and easy!

If you like the piece share it and comment. This one is great advice for everybody!

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## How To Show Self Confidence

It's rough out there in the dating world. I understand. I know you may not believe me, but it is just as difficult for women as it is for men. We have the same insecurities and fears as you do. Even the most beautiful woman in a bar thinks her butt is too big, or her nose is crooked, or her sister is prettier than she is.

You have an advantage, though. You have your wing girl here to tell you exactly how to behave to win her heart. My first piece of advice? Be yourself. Because the "real you" is a beautiful person. The only thing setting you apart from the "man-bo" with the two blondes on his arms, or the CEO with the supermodel wife is confidence. And we're going to work on that.

### Walk the walk.

Back in the days of the dot com boom, a good friend of mine landed a job doing marketing for a high-profile company. His background was in pharmaceutical sales and restaurant management. He had no idea what marketing even was. But the job sounded appealing, so he read everything he could on the subject, sent in his resume and bluffed his way through the industry.

Within two years, he was promoted to the position of director of marketing, earning a hefty salary and traveling the country as one of the key executives in the company.



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That same friend has also bedded Victoria's Secret models half his age. He's reasonably good-looking, but certainly not Antonio Banderas. He just knows how to exude confidence and you can, too. Even if you don't feel like you are the best-looking, most successful man in the room, act as if you do. That doesn't mean you have to be a braggart or a jerk about it. Just hold your head high with a quiet confidence and the women will flock to you.

**Marni Comment:** If you act like you are confident and attractive to women it will become true. If you constantly fear rejection and think you are not worthy of great women you will NEVER get great women.

### **Talk the talk.**

My friend convinced his employers he was a marketing expert by learning a few key phrases and speaking with authority. The good news is that it's even easier in the dating world to impress people with your conversation skills. You see, people love a good listener. Make a point of asking women about themselves and really listening to their answers with an open mind. They'll love you for it. It helps, also, to stay on top of a few areas of news (aside from sports) and pop culture, so you have a place to take the conversation if it starts lagging. Even then, use some key facts just to get the conversation started and then let her have the floor. You don't have to be an expert.

**Marni Comment:** A quick tip to get more comfortable with your conversation so that you can project confidence is practicing. Buy a video camera or audio recorder and practice telling stories and conversation. Then play it back and watch, critic yourself and make adjustments. Another idea is to join an improv class. This will boost your confidence and assist you with quickly coming up with material)

### **Be a nice guy.**

Truly confident men aren't afraid that being nice will make them look weak. Be thoughtful. Open doors. Compliment her, sincerely. Buy her a drink with no obvious ulterior motives. And involve her ugly friends in the conversation, too. "Bad boys" may have a certain something that makes us fantasize about what's behind that dark exterior, but the man who pays us a sincere compliment and laughs at our joke is who we'll go home thinking about. Deep down inside, women are insecure, and the guy who makes us feel special – who actually falls for our facade of confidence – is the one who will win our hearts.

**Marni Comment:** There is not a single girl I know who has ever said "Geez, why can't I find myself an asshole to treat me horribly?" Everyone wants a nice guy.



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A wimp, wuss or pushover they can do without. BUT every woman wants a nice man who is self-assured and CONFIDENT.

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The key points the Desiree is making is that when you are confident you don't need to be anything else. You don't need to be rich, incredibly handsome, fit or brilliant. You can be you because you are comfortable with it.

And that is sexy!



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## Should Men Buy Women Drinks?

Written By: Jennifer – Wing Girl (London, England)

Should you buy a woman a drink?

Depends.

First ask yourself a few questions:

Are you buying this drink to be a gentleman?

Are you buying this drink cause it's polite?

Are you buying this drink so that she won't run away?

Are you buying this drink so she'll like you?

If you answered YES to any of these questions then **DO NOT BUY HER A DRINK.**

I think it is really important to acknowledge when you are doing things for other people and when you are doing things for yourself. Women are attracted to men who do things for themselves.

This does not mean they like selfish men but women like men who are confident enough not to be lead by what others think or want. Not swayed by trying to please others.

So next time you think to offer a drink to women think about why you are doing it. If you are buying it because you want to and you have no "REASON" behind buying the drink then buy it.

If however you feel that buying a drink will automatically lead you somewhere with a women than 9 times out of 10 you will be sadly be disappointed.





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## 10 Signs She's Flirting

Written By: Bob Strauss – Writer for Match.com Magazine (New York, USA)

Comments By: Marni – Found of The Wing Girl Method (Toronto, Canada)

Want to know 10 easy way to spot if a woman is flirting with you?

I recently came across an article by Bob Strauss, for Match.com's Happen magazine, on signs to look for when a woman is into you.



You may or may not know that I do not believe in waiting for signs to take action. When considering approaching a woman the only sign you need is "I am interested in her and want to know more."

BUT I once you get into a conversation with a woman, I know it can be difficult for men to tell when a woman is interested and flirting.

### **First, signs she is not interested:**

No eye contact  
Body language away from you  
Nodding and not responding  
1-word answers

You see these signs, RUN. Get away and get over this woman.

Second, sign she is flirting taken from Bob Strauss's article.

My comments are at the end of each point in bold.

Enjoy!

### ARTICLE

There are two types of guys in the world: those who think anything a woman does (scratching her nose, asking for the time, bending down to adjust her pumps) is an invitation to an immediate come-on, and those who can catch a casually tossed keycard in a crowded hotel bar and think to themselves, "Golly, she must have mistaken me for a bellboy. I'll just leave this with the bartender and he'll give it back to her when she's sober."



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If you're the second type, read the list below immediately, lest that gal who's desperately been trying to engage your interest moves on to someone a bit less obtuse.

**1. A smile.** This is the simplest flirt there is, and the hardest to misinterpret. If a woman smiles at you from across the room, this means that she wants you to talk to her. Really. (Though once this happened to me, and as I approached the lady in question she said, "Oh, I'm sorry! I thought you were someone else.")

***Marni Comment:*** Reinforcing my belief that everything is a signal, don't wait for a smile. You like her, you approach her, and then you decide. If you have a situation where the woman says "whoops thought you were someone else" let her know it was okay for her to make that mistake but you are still sticking around cause you want to know more about her "whoops, I think your hot and could have a good personality that I may like. Let's see if you do".

**2. The hair twirl.** Just about every person I interviewed mentioned that the girly, unselfconscious habit of playing with her hair means that a woman is open to your advances. So if you say hello and she's wrapping her locks around her finger, well, all signals say: Keep chatting.

***Marni Comment:*** This is something that I do when I am into a guy and want him to be attracted to me. I twirl my hair, touch my lips and bat my eyes. All very feminine things that, as women, we feel will make a man turned on and more attracted to us.

**3. An unbuttoned button.** Watch for a blouse that isn't as closed up as it might usually be, says image consultant Dianne M. Daniels. "No, she won't be stripping off her clothes in front of you, but if she doesn't immediately re-wrap that scarf so you don't see her cleavage, it could be a sign that she's interested."

***Marni Comment:*** This may or may not be a sign. It's a sign when she returns from the bathroom with new lip gloss applied, her hair tossed and a one less button done up.

**4. A cry for help.** "If a woman asks you for assistance in any way, such as, 'Excuse me, could you help me figure out the tip on this bar tab? I've never had to pay one before,' she's flirting with you by indulging your psychological need to feel like a hero," says Py Kim Conant, author of *Sex Secrets of an American Geisha*.

***Marni Comment:*** I have definitely done this one many times. Asked for help when it was not needed just to catch someone's attention. "Can you help me lift



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this heavy chair for me?”. I do Yoga and weight training and could totally lift it myself but why do it yourself when there is a cute guy that could do it for you.

**5. A well-placed double entendre.** Says Debbie Mandel, author of *Turn on Your Love Light*, “When a woman is flirting, she’ll invest the conversation with subtle double meanings, and most everything she says will have an erotic undercurrent, even unremarkable phrases like “I really like your tie.”

**Marni Comment:** I don’t know about double entendres but for me, if I make a statement like this one I am FLIRTING. Unless I say it point blank or over the top. This is an important to note. Women who are overly comfortable with you are NOT usually into you.

**6. Happy feet.** “Consciously, a woman may play hard to get by twisting her upper body away, but her feet show where her interest really is,” says TV personality Dr. Diana Kirschner. “A clueless guy should ask her some friendly questions, then watch carefully to see if she starts opening up nonverbally by pointing her toes in your direction.” (Note for beginners: Be subtle about glancing under the table.)

**Marni Comment:** Sometimes very true.

**7. Fidgeting.** This one cuts both ways, but the experts concur: If a gal constantly tosses her hair, twists her pinky ring, or snaps her hair band, this counts as flirtatious behavior if and only if (and these are big “ifs” and “onlys”) she maintains uninterrupted eye contact. If she keeps glancing away, she may very well be repulsed by you and wants to get away as soon as possible.

**Marni Comment:** Very true. As I said above about double entendres, when I am attracted to someone I stumble over my words and fidget. Not at my peak of confidence so I get nervous.

**8. Proximity.** “If a woman stays inside a ‘safe distance’, then she’s probably interested in you, especially if she’s not the touchy-feely type,” Daniels says (of course, this advice doesn’t necessarily apply if you’re talking in a crowded, noisy club). “Also, watch for any lingering touches where she doesn’t immediately remove her hand.”

**Marni Comment:** True. Women who do not want to be around you will physically back away from you. If she is into you she will lightly touch you in some way.

**9. Lively banter.** For many women, flirting is a non-button-popping, non toe-pointing no-brainer: They merely listen to what you have to say, and interject meaningful, encouraging comments. If she’s not interested, she’ll yawn during



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your yarn about parachuting behind enemy lines during Gulf War I. If she is interested, she'll expostulate endlessly about how fascinating the shoe business can be.

**Marni Comment:** I have done this myself when I am attracted to a guy. I will be fascinated by anything that comes out of his. As I said in the intro to this blog is if a woman is NOT interested she will give you 1-word answers and nod. If you have a woman engaged but you can tell she is slightly nervous, she is into you.

**10. Lack of inhibition.** I'm as cloddish as the next guy, but I still fondly remember the time I met a gal at a cocktail party and, within

five minutes, we were talking about how old we were when we lost our virginity. (Alas, she already had a boyfriend, but I still cling desperately to the belief that it was a genuine flirt maneuver...)

**Marni Comment:** This is a sticky one because most women who are that comfortable with you right off the bat are usually not attracted to you. Therefore they may freely reveal lots of private information with little remorse because there is no attraction. However it depends on the conversation. In this case I would need to hear more about what information was actually exchanged to give a good assessment as to whether she was interested.

Over all, I think these are great tools for you to use to catch female signals.



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## **6 Signs That A Woman Is A Cock Tease**

Written By: Riki – Wing Girl (Philippines)

A Wing Girl's job is to let a man know what he needs to do in order to attract the women he wants. It is also her job to inform him of when he is wasting his time on a woman that is not into him.

Therefore my new Wing Girl Riki is going to teach you 6 Signs A Woman Is A Cock Tease.



A Cock Tease is a woman who, from the male perspective, acts in a sexual manner that seems to have the intention of seducing a man, but without actually fulfilling the expected sexual actions.

Pay close attention to her instructions. I promise, if you learn these signs it will save you time, energy, heartache and \$\$\$'s.

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## **Why Do Women Flirt With No Intention Of Being With You, A.K.A Cock Tease?**

This has been an annoying thing for men for some time and here is the brutal gist of it fellas... The same reason you men take time to play video games, watch sports, and all things of that nature is the exact same reason us women "Flirt With No Intentions Of Being With You. It's FUN!!!

OK, OK, it's not very nice of us ladies, and is a tad egotistical, we admit that, but it's the facts. Being that I am a faithful flirt I am guilty of this unconscious pleasure of "flirting for fun", it's one of those deeds women do on a whim and seemingly enjoy in the moment and then once over feel slightly guilty and ask ourselves "why did I just flirt with him when I have no intentions of being with him?" Go figure.

Every man on the planet wants an answer of how to prevent encountering this scenario, but it's not as cut and dry as you think. The way it works is 95% of women are natural flirts it's innate and the reason you may have received flirting that resulted in no action is because us women flirt for attention; we flirt to boost our own confidence and ego's, we flirt to simply feel cute and attractive, the main objective of a woman's being is feeling wanted, even if we don't want you unfortunately.



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Flirting for us simply gains wanted attention and assurance that we could in fact have you if we wanted. Most of the time previous to flirting we know that we don't, but still flirt for mere fun as well as confidence boost, come on' fellas, no woman passes up a chance to look endearing, feel like an innocent girl, and bat our mascara enhanced eyelashes.

No man wants to play the fool so to help detect when you are interacting with a Cock Tease I've listed some tactics to help you have the advantage of scoping out a guilty flirt with no intentions of being with you:

## **TOP 6 SIGNS THAT A WOMAN IS A COCK TEASE:**

- 1. She doesn't talk about her personal statures-** she's being vague for a reason.
- 2. She never makes direct comments on how cute/ attractive you are-** she's not sincerely attracted, she's entertaining herself.
- 3. She keeps conversation constricted to things going on in the moment-** not interested in sharing any moments beyond this point.
- 4. She lets a gal pal pull her away-** give it up, this was a mere flirtatious encounter.
- 5. She takes your number instead of giving you hers** – She's doesn't want you calling her, and has no intentions on calling you.
- 6. She is not open to being touched-** She pulls away when you make attempts at physical contact

This can be a hard thing to swallow about us ladies, so on a brighter note I wanted to share that I have indeed experienced a few rare occasions where I have flirted with a guy with no intentions of being with him and was pleasantly surprised with interest... so keep hope alive fellas! There are always special odds to every scenario.

**BUT** for the most typical occasions remember these signs the next time a woman flirts with you, to weed out the fake flirts... it will save your time for the legitimate ones.



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## **11 Ways a Man Can Screw Up a First Date**

Written By: Ana – Wing Girl (Vancouver, Canada)

The first date is one of the most important, for obvious reasons. The better you do on the first date the more likely there will be a second and third to follow.

I asked a bunch of my Wing Girls to really think long and hard about the men they have dated in the past and the errors they made that turned them off.



After lots of discussion, my newest Canadian Wing Girl Ana, put together a list of top 11 Ways A Man Can Screw Up A First Date.

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## **11 Ways A Man Can Screw Up A First Date**

I don't expect y'all are sitting around wondering how to screw up a first date, and yet I have been on quite a few first dates, and many of them were screwed up. Sure, it's funny the next day when I'm telling my friends, but while the sordid episode is unfolding, it doesn't seem funny at all. So, in the interest of reducing future dismal dates, I've made a list of things not to do on your next first date. Please, read it carefully, and DO NOT...

### **1. Arrive in a car full of junk**

This should be a no-brainer, and yet it happens again and again. I remember a date whose steering wheel was spattered with what looked like dry white paint. The guy explained that it was because every time he drank milk, he sneezed. Ewwwwww!!!!

### **2. Appear too nervous**

It's all right to be considerate on a first date; it's recommended. But don't bend over backwards, don't try so hard you end up sweating, and don't forget that you are the host and your date will be happy to follow your lead. No need to be insecure—she agreed to go out with you, right?

### **3. Choose a bad restaurant or venue**



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Oh boy. Make sure the place you take your date isn't sleazy, noisy, or miles away in heavy traffic. Keep it simple. Most women of any age would be happy at a small Italian place for a first date. The important thing is that you are able to converse without too much distraction. Save your favorite punk bar for a later time, when you know each other better.

#### **4. Appear fussy while interacting with servers**

Just order the grilled salmon and move on! Don't interview the server on the provenance of the arugula. Don't send anything back unless it has a rat in it, and a live one at that.

#### **5. Name drop or brag about accomplishments**

If a woman likes you, she likes you for who you are. You don't need to make flimsy connections between yourself and Bruce Willis's ex-nutritionist to get a date's attention. Talk instead about what you enjoy doing, what you've done recently that's slightly out of the ordinary (river rafting, wine country tours, etc.).

#### **6. Forget to ask questions**

Don't forget that your date is a person too. Yes, even though she is a female, she has a brain very much like yours and a heart and soul, too. She'd like a chance to tell you about herself. If she likes you, she'll be talking partly to make a connection, so be sure to respond when she hits a nerve in a good way.

#### **7. Speak ill of past dates, girlfriends, or wives**

It doesn't matter how astoundingly unpleasant your ex was, your current date doesn't want to know about it. She'll instantly put herself in your ex's shoes and feel some female solidarity. So, dissing your ex is dissing all women is dissing your date. Got it?

#### **8. Ogle other women or watch TV**

You'd think this would go without saying, but it doesn't. Don't ogle. I mean, if Angelina Jolie walks by, you aren't expected to ignore her. But your expression when you return your gaze to your date should be of bemusement or confusion not unfettered lust! And if your team is playing on the TV at the pub, please do not watch it. Please. (Note that this suggestion can be ignored if your date is a fan. In that case, you've hit the jackpot. Change seats, order a pitcher, and enjoy the game!)

#### **9. Ask her if she wants to have children**

You might be conditioned to believe that all women want to marry—that they are desperate, in fact. But it ain't so. So if you think you can score faster by talking serious relationship on the first date, think again. If you really must know whether she wants to have children one day, I can only suggest that you bring it up early



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in a joking manner, adding “I always say that on the first date; I find it breaks the tension,” or something.

### **10. Agree to split the tab**

If you asked her out, you pay. Even if you didn't ask her out you pay. Don't let her trick you either by offering to pay her share. This is where woman's lib does not come into a play. PAY!

### **11. Not try for a kiss goodnight, or more...**

Yes, you should try for a kiss. There are many ways to signal a desire to give a peck. You can ask, for example. “May I kiss you good night?” might work. If she says “no,” just smile and thank her for a great evening. If she says “yes,” take it moment by moment. Failure to at least try for something is going to make you look like a wimp, or worse, make her think you don't like her. So risk rejection and make a little move. She'll appreciate it if she's into you, and if she isn't, well, you'll find out fast!

To review, this was not a “how to” list...it was a list of eleven ways to wreck a first date. Review it carefully before your next one. Above all, remember that women are people too. But things that please your manly friends (noisy bars, bodily noises, wisecracks about other women) don't work on us. I hope you can put these eleven rules in play and have a good first date...or eleven!



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## **Do Women Want Sex As Much As Men?**

Written By: Marni – Founder of The Wing Girl Method (Toronto, Canada)

Of course we do. We just want to be able to make the choice to have sex.



Speaking for myself, as a woman, I like sex. It's fun and it feels good. What's not to like.

I will be honest and tell you that I am a good girl who used to be very prude when I was younger.

The reason I was so prude was that I was uncomfortable. Uncomfortable with boys, my body and myself.

Not a good combo if I ever wanted to have a mind blowing sex life.

When I was 18 I went backpacking and safely kissed my way up the east coast until I met a very special guy who totally broke me out of my shell.

The first time we were making out he said to me "I want you to be comfortable. If I do anything that makes you nervous or uncomfortable, just slap my hand and I will stop."

I can tell you there was no hand slapping and I got very comfortable.

The reason for this was because I felt that I was in charge of my sexuality. I was getting to make the choice and that alone put me at ease.

Women want to be sexual. Women want to be sexy and women want to live out crazy sexual fantasies but they need to feel safe and secure.

They want to know that they are the ones making the choice and not being forced or pushed into being sexual.

I never want to feel judged or pressured. I don't want to be tossed in the slut category and therefore I am very conscious of who I give my sexuality to.

Women want to be unlocked. Trust me. Even the purest of pure want an adventure.



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As men, you can give women a safe place to be sexual. Just like my backpacking friend did for me.

Next time you are getting intimate with a woman, try his move and I promise you will get great results.



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## **7 Ways To Create Sexual Chemistry With Women**

Written By: Zoe – Wing Girl (Los Angeles, CA)

A lot of men are constantly asking me “How do can I escalate from friends to sexual attraction?”. Escalating is easier than one might think because all it involves is believing that you are sexual and stating your intentions. The difficult part is actually believing you are sexual and having the confidence and comfort in yourself to actually display your intentions.



**Quick lesson:** If you want to be seen as a sexual option stop presenting yourself as a friend or a suck. Be straight, direct and confident in the way you present yourself.

One of my new awesome, intelligent and did I mention hot new Wing Girls Zoe has written you a piece on how to show a woman you want her sexually without being aggressive or an a\*\*hole.

Zoe is an Asian-American woman who has lived in Los Angeles, New York, and Paris. She has dated men from every continent, older men and younger men, sweet guys and obnoxious pricks and knows there’s something to be appreciated about all of them. Her goal is to help men man up so that good guys can finally get the girl.

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## **7 Ways To Create Sexual Chemistry With Women**

What can be said about sexual chemistry between men and women? Is it just a myth or is it a magic bullet aimed straight at the heart (or elsewhere...)? Some couples say when they met they had “instant chemistry.” So what exactly does this mean? Is sexual chemistry a simple biological process or something more complex, a layering of mental and physical attraction, body language, and ancient love juju?

Ancient love juju aside, sexual chemistry is actually based on a kind of unconscious perception and interpretation of someone’s appearance and behavior. Huh? Simply put, we are constantly scanning the opposite sex for signs of interest and compatibility. When we project the right signals, we are able to attract the objects of our desire.



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For example, if a man projects a vibe of independence, seems to be happy, and appears to know what he wants, this triggers arousal in women. “At first sight” he is providing enough evidence for a woman’s desire to be stoked. Suddenly she sees him in a more sexual way, based entirely on her perception of him as strong and independent. It also doesn’t hurt that when a guy appears sexually exuberant, he gives a woman the impression she’ll have a satisfying experience with him.

Men so often suppress their sexual strength and assertiveness as a result of past rejection; they get caught up in their own fears, trying to second-guess what women want. These guys appear weak and inhibited, and, on an unconscious level, women see them as being “too feminine.” Who wants to share in a guy’s weakness or have to fix it? Either way, the sexual chemistry is ruined.

So, how can a guy amp up his ability to create hot sexual chemistry with a woman without having it blow up in his face like a bad science project?

**1. Be aware of the kind of vibe you are projecting.**

Are you coming off as confident, carefree, and fun or an emotional drag?

**2. Pay attention to the subtle signals she’s sending you.**

Is she leaning into you and smiling or sitting back with her arms crossed over her chest? It takes two to make chemistry happen, so be responsive to her vibe. A little attentiveness can go a long way.

**3. Don’t second-guess yourself.**

Retreating inside your brain to battle your insecurities takes you out of the moment and is a sure way to kill chemistry.

**4. Be direct and confident.** Looking into her eyes and smiling while you talk will make you appear assertive, enthusiastic, and sexy.

**5. Don’t fear rejection.** Relax! Remember we are constantly projecting signals. If she picks up on how tense you are, she’s likely to tense up, too.

**6. Make her laugh.** Light sexual innuendo is a great way to lighten the mood and convey your attraction.

**7. Don’t be afraid to let her know you’re interested.** Women can sense it, anyway. It’s chemistry, stupid!

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The important notes to take away from what Zoe has said is to be proud and confident in what you want. If you want to sleep with a woman don't try to hide it, show it. Not in a sleazy, gropey way but in a sexually strong way. The way that gets women turned on in 2 seconds by presenting them with a man that knows what he wants and can lead. How sexy is that??!!!

Answer: SO SEXY. Trust me.

Be sure to share this article on all your social media sites!

This is an important message to share with all men.



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## BONUS MATERIAL

As a special bonus I have included a very special article written about online dating. Online dating is a new introduction into the dating world and not many people have been able to master the skill.

Truth is that online dating is very similar to offline dating. A man must be a man in order to attract a woman. This means he must be self-assured, calm, cool, collected, comfortable and direct to attract all women.

### **Online Dating Guide: 14 Dos and Don'ts of that First Crucial Email**

Written By: Jennae – Wing Girl (Los Angeles, CA)

Don't you just love modern day technology? So many ways to connect and meet women but also so many ways to screw up in a matter of seconds.

To help combat these issues, Jennae, our adorable new Wing Girl has put together a quick list of do's and don'ts for online dating. These rules can also be tweaked to apply to other areas like emailing and texting.



Print these rules out and put them by computer and read them every time before you engage in online dating!!!

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### **Online Dating Guide: 14 Dos and Don'ts of that First Crucial Email**

Online dating often feels like its own world. Real winks are replaced with virtual ones, and chemistry is guessed at through pictures and profiles. But the biggest difference between online dating and meeting someone in the real world is how many words count, specifically, written words.

A lot of men fail when it comes to online dating because they don't give good email ;)

Yes, it's that important. In a virtual dating world, your written words are you. It's not only important what you write, but how you write it.

**DON'T wink.** Yeah, yeah, it's a nice little tool that helps you figure out if someone is interested in you or not, but what it really says to a woman is "I'm too shy to actually talk to you." And while shy can seem endearing, most women



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doing online dating have a ton of men contacting them, especially if they are someone worth contacting. You winking at her isn't going to stand out as much as a well written introductory email.

**DO keep it light.** Funny is sexy! While writing a joke is harder than telling one, any bit of humor you can put in your email is a good way to show off your personality. And women like men who make them laugh.

**DON'T use IM/text speak.** I will tell you right now that I delete anyone who contacts me with "How R U doing 2day?" If you can't take the time to actually spell out your words, you're just not worth mine. Women want men who can hold actual conversations, and writing like you only have 140 characters isn't the way to convince them of that.

**DO keep it short.** Too long of an email tends to give a bit of the creepy vibe, and no woman wants to read a novel about why you decided to write to her: "we have this in common, and this in common, and I think you'd really like my mom!" But while short is good, too short can also be an issue if there is nothing for her to respond to. Aim for around three lines, minimum, but no longer than a couple of short paragraphs.

**DON'T forget to spell check and edit your email.** If the online dating program you have use doesn't have a built in spell check program, write the email in Word or the equivalent and copy and paste it into the body of the email. Appearance counts, and just like you wouldn't try to pick up a woman in a bar wearing sweats and a dirty t-shirt, you shouldn't try to pick up a woman online half-assed either.

**DO read her profile and make a comment about something you read.** This comment shouldn't be "I can't live without sex either, so why don't we get together and save each other's lives?" It should be more like "I really like hiking too. What are your favorite spots?"

**DON'T give out your contact information right away.** Any guy who sends his phone number or even AIM or other messenger services contact information to me in a first email I automatically label as a "player", someone not interested in any sort of long term relationship. It's sort of like walking up to a woman and handing her your card first and then trying to have a conversation with her after. It might work in a business setting, but not in a romantic encounter.

**DO ask at least one question, preferably about something you read in her profile.** This proves you actually read her profile and didn't just check out her picture, and that, again, you're capable of having a conversation. However, first rule dates apply to first emails as well, and this question shouldn't delve into heavy topics like past relationships or the reason why she's doing online dating.



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But by asking a question you give her something to respond to should she decide to write back to you.

**DON'T start talking about sex right away or compliment her in a sexual manner.** Women like compliments, but “you’re very pretty” is different than “I can totally see myself having sex with you.” Also stay away from complimenting particular body parts that are not eyes or smiles.

**DO sign off with your actual name.** The screen names are entertaining and all, but signing off as “drlovegod137” isn’t going to personalize you to the woman you’re contacting as much as “Jim.” Remember, you want to get her thinking of you as a person and not just a profile.

**DON'T come on too strong or immediately suggest getting together for coffee or a drink.** Women like to be wooed, and that’s a two-email minimum of you asking questions about herself and answering questions about yourself, slowly establishing that preliminary trust that will make her feel comfortable meeting with you. However...

**DO communicate clearly.** Ambiguity is not your friend in email, where it’s hard enough to read someone’s tone as it is. If you’re making a movie reference or a joke, make sure she can tell that’s what it is and not a really bad pick up line, especially if the joke is in reference to something in her profile. You might think you’re being clever, but she might not remember that she talked about the Simpsons, so why are you talking about the windmill in a mini golf course?

**DON'T wait longer than a few weeks of email exchanges to ask a woman to meet you.** The point of online dating is to get offline and actually meet to see if the chemistry is there before getting too invested. I’m perfectly fine with a man suggesting a meet up after about two or three email exchanges, depending on how much we actually talk about it those emails.

**DO follow up.** Now, assuming you’ve done your job and paid attention to her profile, writing a well formed email with proper spelling and grammar, at least one attempt at humor and one question, it’s up to her to decide if, and when, she writes you back. If she does, the follow up email should follow the same advice as the first with the exception that it’s allowed to be a little longer—a little longer. This is not your opportunity to write a thesis paper on why Kobe is the best basketball player ever or how the iPhone has changed your life. This is where you answer any questions she asked, and then ask her a few more of your own. A good rule of thumb on email length is to respond about the same length she’s written to you—mirroring behavior works, even with emails.



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Remember, your email is supposed to show the woman in question that you're good at communicating. Think about how many fights between men and women are about a lack of communication—you don't want that to be you. Giving good email is the best way to get to that first date, but after that first date remember that nothing speaks as loud...as your own voice. Picking up the phone is always a good idea.

## **Listen To What Others Are Saying**

### **Geoff, 32 (1 on 1 Phone Session)**

This past Sunday, I went out with the 4th girl that I've met since our coaching wrapped up and we continue to hit it off. I have to admit that I was pretty skeptical of phone coaching initially, but I have to give you credit for your **remarkable ability to identify & correct the subtleties that were holding me back**. The exercises we worked on really bolstered my confidence, and I've shaken most of the nervousness that was sending bad signals. I honestly didn't think the improvements would come as quickly as they did. Meeting people face-to-face, being in control of the situation, and most importantly – having FUN at it has been a refreshing change for me.

### **Ian 28, (1 on 1 Phone Session)**

This truly was a different kind of adventure for me and I loved every minute of it...including how exhausted I was at the end of the night and the countless times my heart rate went over 100. In several previous emails, I talked about being tired, stagnant and the feeling that I had hit a plateau. The little tweaks you suggested, making me rehearse on you during the day and then again at night, being able to bounce different ideas off the both of you, getting immediate feedback right after an approach, discussing different strategies of increasing attraction and then actually trying them out.....these were the little things that I needed to hear and make myself do.

I realize that "the game" isn't for everyone. You need the right perspective and you have to have a really thick skin. And it doesn't matter how good a coach I might have (shameless plug), it really comes back to how comfortable I am with myself and how much I believe in the product I'm selling (namely me). Without explicitly saying it, you've hinted that it's not about the lines or the tricks, it's about the will...the confidence...who's reality is stronger right?

I really appreciate the comments in your email. Confidence is contagious and your belief in me is making me believe in turn. Interestingly enough, club game is



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definitely not the brick wall I thought it to be. I feel like so many possibilities are just beginning to open up. The journey's just getting started...

## **In Conclulsion....**

Each of these articles written by me and my Wing Girls contains useful information to help you become more confident with women. The more you know, the more confident you become and the more attractive you are to women.

This Special Guide along with the weekly newsletters, The Wing Girl Method [Video & Audio programs](#) and our [Coaching Services](#) are guaranteed to bring you success with every woman you meet!

It's time to start [becoming the man women want](#).

*Marni*

**If you found this information useful, it's only the tip of the iceberg. Have look at what The Wing Girl Method programs have to offer...**

<http://www.winggirlmethod.com>

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**A Guide To A Lifetime of Success With Attractive Quality Women**

It's time to revive your social life and learn to boost your confidence with the opposite sex. In just 18-Minutes WGM reveals to you the Top Characteristics Women Find Attractive and teaches you how to gain them and make them your own in 3 Easy Steps.

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