



WGM

Learn what women want, straight from the source

The Wing Girl Method Cheat Sheet

“For success with women, I need to do ONE thing: approach and MEET women! For success in real estate, I need to do ONE thing: BUY good property! Wow.” – Edwin Client Dec 2010

I have put together a few Cheat Sheet Checklists for you to use during the beginning stages of interacting with women. Below you will find a:

- 1. General Checklist**
- 2. Approaching Checklist**
- 3. Arranging A Date Checklist**
- 4. Date Checklist**
- 5. After The Date Checklist**

Each checklist will walk you through key items to remember before making your next move!

Disclaimer: These tips/lines/routines are ONLY suggested guidelines. It is up to you to make your own official rules!

Mami



WGM

Learn what women want, straight from the source

General Checklist

- Always enter the room with a smile, standing tall and confident
- Remember you are man, masculine. **Men go after what they want when they want it, ALWAYS.** As long as you are not being a jerk, a wimp, or hurtful of others you are free to get what you want ALWAYS.
- Remember the only way to get what you want is by asking for it
- Breath
- Respect yourself
- Make sure you are always put together
- Don't put women you have just met on pedestals
- Enjoy awkward silences and don't feel the need to fill them
- Remember that you are great and that women are lucky if you talk to them
- ALWAYS remember that you are in control and have OPTIONS
- You can reject too
- Be TOO nice is a form of manipulation
- Being an a**hole, jerk is also a form of manipulation
- Be a **leader**
- Be the **MAN**
- Have fun



WGM

Learn what women want, straight from the source

Approaching Checklist

- If a woman catches your eye, count to 3 and approach
- While walking over think to yourself “she’s cute, I want to find out more about her and see if she actually is great”
- Say “Hi!” and introduce yourself
- Breathe
- Enjoy awkward silences and let HER fill them not you
- Don’t dilly dally or fill time with fluff e.g. “so I was looking around the store... **or**, so where do you live... “ State what you want and ask for it, you can have conversation on your date about where she lives 😊
- Get her phone number, if that’s what you want
- Walk away, you can continue conversation on your date
- Be a **leader**
- Be the **MAN**
- Have fun



WGM

Learn what women want, straight from the source

Arranging A Date Checklist

- Call when you are ready to call and know what you want
- Remember that you have a life and that this women does not come first YET
- If you get VM leave a short message and state what you want “I want to take you out on X”.
- If she answers don’t spend too much time on the phone UNLESS there is a strong connection. Even then cut it short.
- Make sure you know **what you want** out of the conversation e.g. “ASK ON DATE”.
- Say “I want to take you out for a drink on X”
- Take the lead and plan a place to meet where you are comfortable and don’t need to spend too much money. You don’t know her yet so save your cash for someone who matters and respects you
- Be a **leader**
- Be the **MAN**
- Have fun



WGM

Learn what women want, straight from the source

Date Checklist

- ❑ Text 30 minutes before the date and say “I am running 10 minutes late, let me know if that’s a problem”. If she is going to bail she will let you know then
- ❑ If she shows up, AMAZING. If she flakes, delete from phone.
- ❑ On the date don’t swoon over her. Remember women like nice men but they don’t like wimps who fawn all over them. Respect yourself and she will respect you.
- ❑ Tell her how great she looks and then don’t compliment again until you want to compliment on her brains or personality
- ❑ When you do compliment make sure it is genuine. E.g.
 - To a 20-25: You are different than most girls I meet
 - To a 25-35 Women: I find it so sexy when a woman has passions in her life
 - To a 40+ Women: I always admire a woman with a good sense of fashion
- ❑ Treat conversation like a volleyball game. She tosses the ball to you, you toss it back to her
- ❑ Make sure she is taking 75% of the time and you are listening
- ❑ Make comments on things she said to show you were listening and if possible add a little insight to her story e.g. “It’s great that you do charity work once a week. It’s really amazing to me that



WGM

Learn what women want, straight from the source

there are still selfless people in this world. So where did you grow up....” **LEAD, don't dote!**

- ❑ **Don't talk about ex's, broken hearts, sad things.** You can touch on the topics but don't go into detail. **QUICKEST WAY TO THE FRIEND ZONE!!!**
- ❑ Think about whether or not **YOU** like her
- ❑ **PAY FOR THE DATE** again doesn't have to be pricey but never go Dutch
- ❑ When you exit the place where your date was take her hand, **LEAD**
- ❑ If you want you can turn towards her, brush her hair out of her face and give her a kiss and then continue walking
- ❑ At the end of the date **LEAD, GO AFTER WHAT YOU WANT, THE KISS.** Give her a kiss on the lips and tell her that you will be talking soon. Say and do this **ONLY** if you like her and plan on seeing her again.
- ❑ Be a **leader**
- ❑ Be the **MAN**
- ❑ Have fun



WGM

Learn what women want, straight from the source

After The Date

- You can call her again whenever you want to call but REMEMBER you have a life and that you have known this woman for 1 day in your whole life. Your life is more important than hers. Respect yourself.
- Most likely you will not feel LOVE right away so pace yourself
- Other things must come before this woman
- Call her because you want to
- Don't call too much or text back right away
- Be careful of texting just to see if she likes you
- Have a purpose for reaching out
- Ask for another date and have something interesting planned that does not require too much effort but shows some thought
- Breath
- Be a **leader**
- Be the **MAN**
- Have fun

Each of these checklists will assist you in maintaining your cool while going through these first few phases. Once you feel you have mastered this part then you can move on to the next phase, DATING!



WGM

Learn what women want, straight from the source

I am here to assist you in all phases. If you want further advice or have questions about your checklists, you can contact me at marni@winggirlmethod.com.

Have fun!

Marni