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Facebook Pick Up Secrets:

*The Definitive guide to attract and meet women on
Facebook*



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My Background

Nearly two years ago I was in a relationship for nearly six years. I had my whole life planned out and was going to propose to my girlfriend at the time. Well then it went pear shaped and I was devastated.

I was a shy guy who was scared to even go to shops and buy things. I was introduced to *The Game* by Neil Strauss, which then transformed the way I was thinking about woman. I found out that while I was learning how to be more confident in every situation and using a range of ideas. I found I had a particular talent on Facebook.

I realised that my ideas on Facebook were very effective. At the time you could poke anyone you wanted but restrictions have been made and Facebook has been constantly changing. I discovered that I was able to get replies back easily from very attractive girls and take them out on dates, and I am just an average looking guy.

I am the only person in the community that teaches Facebook game, and this e-book will help you improve. I have taken countless women on dates from cold approaches on Facebook and using Facebook as a tool after approaches in the field. I used to go for Facebook names instead of phone numbers when I was out sarging and enjoyed great success.

Introduction

Being a pick up artist is normally associated with going out and meeting woman. A lot of "gurus" offer poor advice that may apply to them but certainly doesn't apply to everyone. I hear advice such as "don't go on dance floor as it's a trap". Bullshit! Almost any place can be used as a pick up venue, whether it's on the beach, dance floor, Local Park, mixed toilets etc you get the drift. Inevitably different guys will have different preferences and enjoy different successes, so don't listen to anyone who tells you a certain venue, place or medium is a waste of time. Always try for yourself. If you haven't tried using Facebook yet you are missing a trick. As you read I will give you simple pointers that are easy to copy and I hope you will begin to realise what a great tool Facebook can be. With my help you can become a master of picking up woman on Facebook.

The Internet is a powerful tool now and it is a big opportunity to gain social circles and meet women. Being different will gain woman's' attention online and help you meet them in real life. But it's not as easy as you think because you don't have a lot of the tools that you have when you are face to face.

If you only meet women at bars and clubs you are missing out on a great range of girls who are not your typical "party girl". She might have fascinating hobbies and interests, be able to hold up an intelligent conversation and even provide a more interesting answer than "*I go out with my friends*", when you ask her what she does for fun. Party girls are great if that's what you are after but do you really expect to find the mother of your kids or future wife this way? This guide will teach you how to get that super, awesome, high-quality girl that you won't find in your local Wetherspoon's. Here I speak from experience. I have found the girl of my dreams from a cold Facebook approach!

Sometimes it's hard to find really nice women. Where are they hiding? Well a good place to start looking is Facebook, after all nearly all women in a certain age range are members. Why should you try to pick up women on Facebook? Well there are loads of reasons:

- 85% of Woman check their Facebook accounts at least twice a day
- Every girl you take out or meet is almost certainly on Facebook
- It's good for networking
- You can meet people from all over the world
- You can check out profiles (do a bit of research)
- Millions of woman to choose from
- Little risk of feelings getting hurt
- Easy to deal with rejection and you don't have to approach.
- You can be funny
- You can ask what you want
- Find the hottest girls on Facebook (no need to rely on just one flattering picture)

The list goes on forever (I could give you hundreds more, but hopefully you're with me now!).

What woman will tell you that they check their Facebook looking for Mr. Right? They won't but they may well be receptive to a bit of quality flirting from a stranger because it's very safe and they're probably a bit bored. However it won't be the first time a guy they haven't met has tried it so you will need to play it just right. You will be intriguing with your opener and be different from other guys and you will get a reply.

Getting your profile sorted

The most important aspect of Facebook game is to have an interesting profile that shows you in a positive light. If its rubbish then woman will think you have nothing going for you and they will ignore you.

Think of Facebook as an advertisement. Perhaps something amazing like a trip to the moon. You must aim to advertise yourself but it shouldn't look like an advert or like you've done this deliberately. Your profile should **NOT** have anything that would potentially turn off the women you're trying to get with. This means your profile should **highlight** the best parts of your personality/lifestyle. Remember never to post anything negative in your status update, as this will appear on your wall. This is important as women will add you to their Facebook (which is there personal space) and if you give a bad impression in your profile they will remove you. Also bear in mind that they may have a very **high bitch shield** with you until they are **comfortable** with you. This is fair enough, especially if you've never met! You have to stand out from the crowd and be different from the other guys.

Your profile should present your best, unique qualities. Have you seen profiles of guys where it's just a long advertisement for their favorite school football program? Don't be like those losers; instead express yourself uniquely in your own voice. Really list your favorite books, movies, music and quotes. With any luck this will give your new female Facebook friends something to write you messages about.

Always put your "**Relationship Status**" as "**Single**". Avoid the other statuses, as that will put people off. If you hide your status it suggests you are in a relationship but have decided not to advertise the fact on facebook.

You're "Looking For" should be set to "**Friendship**". Setting it to others will just put woman off so make sure you either have it on friendship or nothing as you do not want to be seen as a player.

On Your "**About Me**" section you should have some humor in it. Don't ever put yourself down on Facebook. Make sure you put funny things and something you have achieved in life. Example I love to socialise with my friends and in my spare time I learn how to salsa. Use some of these in your profile:

- Travel
- Art, especially photography
- Relationships
- Live events (concerts, theaters)
- Books
- Fitness, especially running
- Pets
- Fashion
- Celebrities
- Cooking

Woman like to gossip, and these are hot gossip chats. A good tip I have found that works recently is to put a quote just below your profile picture. Something about your dreams goes along way as woman will see you have dreams and ambition which is an important factor as woman like men to be confident and have ambition.

Do not put in things like sex, women, beer, thongs, weed as they all come off as cheesy in their own ways. People who do this aren't getting laid via Facebook, I promise. Be sure to put in a few intriguing entries, like meditation, poetry, tai chi, psychology, dancing etc -- things that are unique (and true) about yourself and I can't stress that it must be true otherwise you will get found out.

It's good to show a woman that you're deeper than just sports, beer, and sex. This is especially true for the kinds of girls that aren't your typical "party girl".

Never list your mobile number on your profile, it looks desperate and is a huge mistake by most guys. Instead of your mobile number you can give your email address. Restrict your profile access to your friends only.

Photos are important. Your profile must have pictures, make sure you're having fun and smiling in most of your photos, family and baby pictures will work a treat. Pictures like these will generate many comments and wall posts from women and this is important which you will see later. Make sure you have pictures of:

- You doing fun things (i.e. sports, hobbies)
- You with friends
- Your family
- Funny pictures
- And Importantly pictures with other woman

If you have pictures with you doing fun things, people will comment on this, which will of course give you social proof that you're aiming to get. Take pictures on a regular basis so it looks like you are a busy guy. Make sure you get plenty of pictures with friends so you look like you are a popular guy. Pictures with family are important because it will show woman that you can be a family guy in the future.

Make sure you have plenty of funny pictures, they can be silly pictures. Finally I can not stress how important this is, you must have plenty of pictures with woman as this is powerful social proof which women are very receptive to.

Making friends

Most people of a certain age use Facebook today, let's face it that doesn't? So I am guessing you will already have a load of friends on your Facebook account? If not go and make some friends, even add PUA's from Facebook groups if necessary. Hopefully they should be trusted not to write anything stupid on your wall. If any of your friends has a habit of doing this (or writing nasty comments on pictures) just remove them. Lighthearted banter is fine but anything beyond that does not show you in a good light.

You need loads of friends as this gives you social proof. You may be thinking why? Well if you have loads of friends it shows that you are a cool guy and by having loads of friends people will post comments on your wall and about your status updates, this is what you need for social proof. Women will begin to post a lot on your wall and this will help you be a cool guy and get the attention you need.

Well that sounds easy, but you're probably thinking how to I get these hot women to post on my wall. Well you need to be friends with as many hot women as you can be so you can increase your network. If you're out in a bar and meet a girl (and for whatever reason you don't feel its right to get her phone number) just get her Facebook name and send her a friend request the same day. To be successful at gaming women on Facebook, you have to always be making more friends in real life. You will get rewarded in time and this will pay off.

When you're out and you having fun and too scared to get a number or there is not enough time, why not get her facebook name and become friends on Facebook. It's that easy. If she has a common sounding name you might want to get her email address so you can search for that. Getting facebook names is much easier than getting numbers and can be done in a few minutes. You needn't even think of it as pick up.

Here is my simple tip for getting a girl's facebook name (and ensuring she adds me). Once you have opened and chatted I get a picture or say can you take a picture of me and my friends, they will. Then turn round and say hang on lets have one of all of us. You can make it silly (for example say *gangster signs everyone*) and then get her Facebook name (and the names of the whole group) by asking "are you on Facebook? Actually what a silly question! Who isn't? What's your name?). Write their name(s) down on some paper or your phone. Remember to send a friend request and tag them on the pictures as soon as you get the chance.



You're probably looked at the picture with ladies holding up paper with "Ben wish you were here" well this is called the Hiroshima opener by Brad Jackson. This is an opener that is designed to give you a bit of fun a talk to girls when you're out. Having tried this in the field I realised it was brilliant to use. I went up to girls and asked them to hold up the paper because my friend actually blew me out that night to go on a date. I then would ask for their Facebook names to tag them on Facebook and bingo they will accept your friend request.

Another tip can be at a unisex (or women's store), lets say Topman/Topshop. You see the most attractive woman in the store. You go up to her with just something as simple as this:

You: *Hey, need your help with something (pause) it's my sisters birthday today and she's going out tonight I want to buy her something nice to go out in she's just like your build, what do you recommend.*

Her: *Laughs, well what does she like*

You: *she's in to fashion and as I am a bloke I don't have a clue*

Her: *(goes round helping you and she will trust me) what about this or that*

You: *(tease her) Are you sure that's something like my Granny would wear?*

Her: *Laughs*

You: *what about this?*

Her: *Not my type of thing but its in fashion, but this is nicer*

You: *I like that yeah, well thanks ok well if my sister likes it I will take you for a coffee.*

Her: *laughs oh will you then*

You: *Smile, (be cheeky) you seem like a fun girl I like fun girls, anyway how rude I didn't introduce myself my name is John*

Her: *My name is Laura*

You: *cool what's your surname I am going to add you on Facebook, you have Facebook right? (don't pause), well that's a silly question who isn't on Facebook?*

Her: *blah blah surname*

(Remember never to eject immediately after a facebook or number close).

It is that easy guys, this is what I have used, but you can add your own touches.

Remember all you need is to become facebook friends and then you can speak more with her online.

Well you probably are thinking what happens next? She will be waiting for your request so add her. Send her a message with something like. *Yay my sister liked the outfit thanks, oops that means I owe you a coffee*, (then invite her out somewhere).

If it appears that she is genuinely interested in you, maybe she's a bit flirty or has given other IOI's, and then you need to get her out asap. Ideally if you have a common interest, such as a comedian or a band you both like then that should be your first bet. If she is a little shy then you could maybe go to the cinema (but be sure to meet an hour or two beforehand and have something planned for after if all is going well). A drink somewhere (perhaps roughly half way between where you both live) is a good bet, but you will probably need to have built a fair amount of comfort for her to take you up on this. If these approaches don't work you can always try and invite her to meet you and some friends (a mixed group would be ideal) at a bar. You need to make sure that these are the kind of friends that will make you look good and not embarrass you or hit on the girl you like. This might make her feel more comfortable and gives you some real life social proof.

Your main reason to be chatting on Facebook is to eventually get the girl's the number so you can talk to her (or text her) over the phone. This step is necessary because most Women are reluctant to see a guy in real life if they've only corresponded Via the Internet. This is a necessary psychological boundary you have to overcome.

However if you think you're in the "friends zone", don't worry, it never hurts to another female friend, and at this point you can have a bit of fun. Go on her profile and look at her pictures, find all of her hot friends. Pick your favorite one. In a private message ask, "Is your friend [name] single? I saw a couple of pictures of her in one of your albums and I think she's gorgeous and has a great sense of style." (If you have an interest in common mention that too). If you get anything besides "she has a boyfriend" as a response, ask her if she can show her gorgeous friend your profile page sometime, to see if she thinks you're someone she might be into. At this point, if this girl likes you, she's going to do everything she can to hook her friend up with you.

Poking

Facebook has changed a lot while I was studying. My first idea was Poking. Now you can only poke people that are in your network (e.g. London). Before you could poke anyone but now it's just your network. So this is not as good as it was but when you can poke it can be lethal.

So how to use poking? Just go on to loads of profiles on your network and get poking like crazy this is what I used to send when I got a poke back (this is a real exchange):

You: Hey miss... (her surname) Or missy, didn't your parents tell you never to poke strangers?

Her: well i am abit of a wild child :-) only poking u bk lol.

X

You:: you know you liked it, so if I would have slapped you on the arse!! You would slap me on the arse back because I did it first?

Her: you know you liked it lol x

You: Beautiful and Dangerous I like I like, but if god said when hit you should just turn to the other cheek lol ☺

Her: Good job I aint religious then! Lol ☺ any way you sound fun whats you number?

Guys it is this easy you need to be fun, here are some good pointers I have used and tested:

Hey!!! I was searching for my one of my friends and I couldn't help nocticing how to you keep your skin/hair so healthy?

[Your name]

Make sure to sign with your name, it will give you a better repsonse or better anything funny you can think of.

My Way

When using my ideas online, I opened up a Facebook account up with a female name that I made up and got a hot girl has my profile picture. I joined the London network and put up just moved from New York, wanting to make friends so I left the profile for a week. When I logged on I had something like 43 friend requests from all guys and 21 inbox messages. The purpose of this was to see what guys say to girls and what we shouldn't use here is a list that I found was funny:

- I live near you, my number is....
- Sweet checks breakfast tomorrow?
- My place or yours?
- Hey, we can meet up what's your number
- Hey, how are you? Your fit

The list is endless and endless but you get the drift. This stuff will not work. Maybe 1 in 1000 but trust me don't use it. I have used it to check and it doesn't work you come across needy, desperate just like the creepy monobrow man at a club that always leers at girls and has no value.

FO+C+Q+C=DNC

My equation is my formula to your success and is simple when broken down. **FO** stands for **Funny Opener**, **C Comfort**, **Q Qualify** her, **C Comfort** which then equals **Date Number close**.

Explanation

First you must come up with a funny opener. You have to be different from every other guy and not use openers like “hey how’s you?” This will not work and will certainly not get a reply as loads of guys use such openers. After the opener you must build comfort. You can do this by reading (and paying attention) and reacting well to what she says in your next message. After that you need to qualify her because you are a high value guy, you don’t just normally add random people. Afterwards you can go deeper into comfort (more big talk) and finally go far a date/number close. By this time you should have a lot of rapport and be able to get a number and meet up.

This is my formula. With practice I found I could finish the process within 8 minutes. But on average when starting this if the person is online you will get this within 25 minutes unless you mess up, and if she is not online you can do it over a number of days via inbox messages.

Funny opener

When you open online you want to get replies. I think that a FO works the best, of course you can try openers like I was searching for a friend and couldn’t help notice how do you keep your hair healthy. This can work but not as well as a funny opener. I know what you’re thinking, what is a good structure to a FO? Well it has to be funny but with a question within the opener and not too long. If it’s too long it won’t work and if there’s no question within the opener then it won’t work.

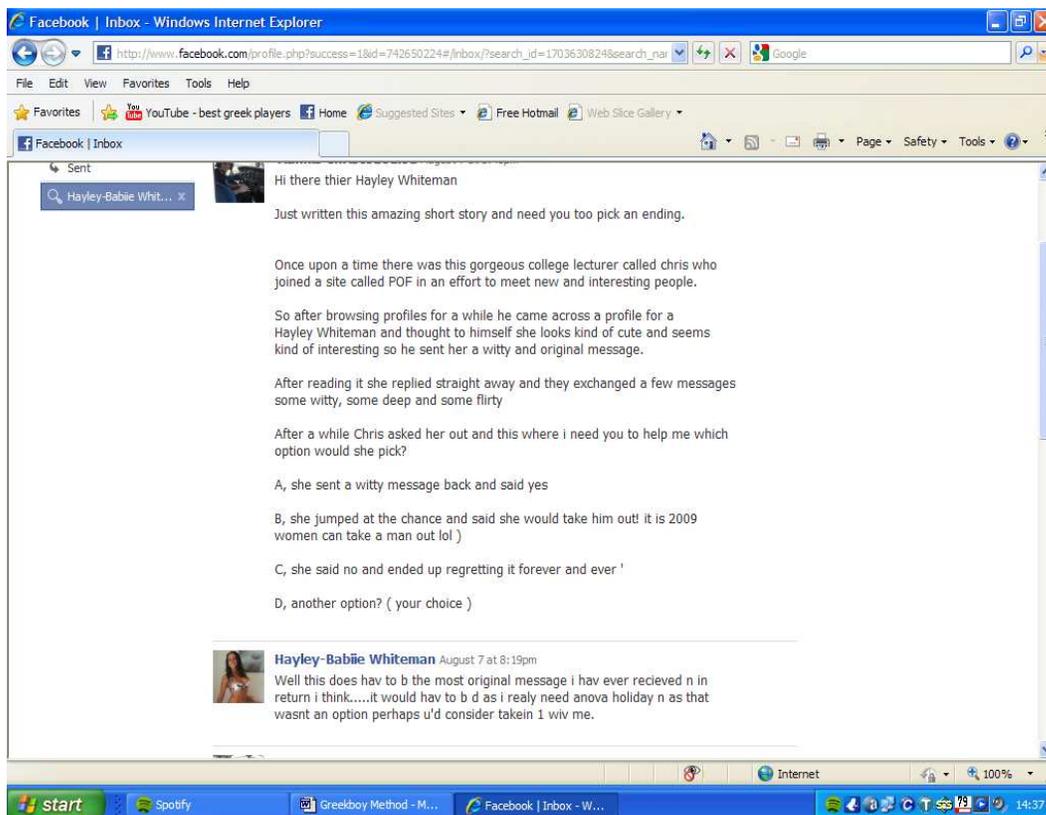
Before sending a message on the subject heading things that will gain attention:

- **No subject**
- **You!!**
- **Never guess what**
- **Miss**

After this comes the Funny Opener, you must be funny with a question things that work:

"You're that Crazy fun girl I met last summer on the cruise ship, sipping on sambucca." this will get a reply normally but to increase the chance I would add, "did you fulfill yours dreams over the summer?"

This is clever of course she's going to reply my method works well, even at females with higher value status. The dialog below (a different technique) I sent to a model and this is how it went:



Hi there (Her Name)

Just written this amazing short story and need you too pick an ending.

Once upon a time there was this gorgeous account (but anything in there) called (your name in here) who joined facebook in an effort to meet new and interesting people.

So after browsing profiles for a while he came across a profile for a (target's name) and thought to himself she looks kind of cute and seems kind of interesting so he sent her a witty and original message.

After reading it she replied straight away and they exchanged a few messages some witty, some deep and some flirty

After a while (your name) asked her out and this where i need you to help me which option would she pick?

A, she sent a witty message back and said yes

B, she jumped at the chance and said she would take him out! it is 2009 women can take a man out lol)

C, she said no and ended up regretting it forever and ever

D, another option? (your choice)

She replied: Well this does have to be the most original message i have ever received in return i think.....it would have to be as i really need a holiday as that wasn't an option perhaps you'd consider taking me.

These are just a few examples of funny openers, it is important that when you open on facebook you are different to every other guy. With the funny opener you must follow this two step:

Funny & different + Question in the message = Funny opener (and likely reply)

The FO has to be funny so that the girl you like, finds it funny and replies, a funny opener will get a reply but only if you put a sneaky question is as you have seen above in the example.

Below is a selection of good FO's to use:

(Miss (name), I think I saw you in (anything), is it possible or am I Crazy?? :P)

(After your brief appearance I wanted to let you know that I have already married and divorced you in my mind. Thanks for all the great memories...you will always have a special place in my heart.

Your Ex-Hubby)

(Woop Woop, I found you!!! You that fun girl I met in (where ever), making a fool of our self's)

Comfort

Once you have got a reply you have to go straight into building comfort. You must stay random with questions and don't give straight answers back for example if you target says so whats your job make something up like I teach Lions how to walk, your target will laugh and then you can tell her the truth if she asks again. Never state you *like* her in that way just yet. Good comfort-building questions work just you would do if youe met her out. Here's a short list below with comfort questions:

- **If you could be anywhere right now where would it be?**
- **What did you want to be when you where growing up?**
- **Ring routine (by Neil Strauss)**
- **Cube works well**
- **Do you rember your first day at school**

These are just a few examples how to build comfort the list can go on but its easy to find comfort questions as you will always get different responses.

Your know when you have done enough comfort because your target will open up to you and that my friend is your ticket to getting a date and number but you still have a lot of work to do.

Qualify

After you have built enough comfort you **MUST** qualify her and stand by how you qualify her as it tells a lot about your personality. In order to qualify you must use questions that you think relate to you below is some basics examples that work:

- **Are you as fun as you look?**
- **You look like fun, are you?**
- **Are you fun when you're sober?**
- **There's a lot of good-looking girls on here what makes you different from the rest?**
- **Hmm not sure I should be talking to you!!**
- **I think personality is better then good looks do you have a good personality?
(for models)**

To qualify her it can be anything from something she has mentioned to anything on her facebook profile if you have built enough comfort then you will get a reply from her.

More Comfort

You're probably thinking but why comfort her? Well once you have qualified her go into more comfort you need to go deeper into your conversations. If your target says, "I like to fly", you could reply "that sounds really cool, I bet you get a great feeling like you're on top of the world when your flying a plane what is it like?"

This is important as you have listened and are building a deeper connection with your target, it doesn't have to be a very long conversation.

Date/Number Close

After the final part of comfort you need to get the number. I personally don't normally ask for the number, I drop hints. But if I think the target will definitely give it to me then I will ask. Ways to get numbers are simple:

- Your fun. What's your number?
- We should meet up soon, when you're free give me a text, my number is...
- I am going to.. You should come
- Cool meet at 8pm Tuesday at, if you're running late text me on.....

These are just some examples that work and you will get numbers from this. I am afraid guys after the number close and you get a date its all down to you.

Thank You

I want to thank anyone who has read this and I am interested in hearing your views and if you want advice/help you can email me on greekboymethod@hotmail.co.uk

I have discovered I have a talent for meeting woman online but I am afraid I cant' teach everything on this book so I do teach people in groups and one on one again just email me on greekboymethod@hotmail.co.uk

Thanks

Yiannis Christodoulou