

What Do Women Find Sexy?

I am about to shatter a lot of male fantasies right now by revealing that the top “things” women find sexy are not at all related to sex. So set aside your hopes of women being turned on by hair pulling and you in your boxer briefs.

In fact, for many women, turn-ons come from simple everyday rituals, mannerisms and idiosyncrasies.

That's because a woman's libido is triggered by her emotions and the way something makes her feel rather than what it makes her think!

I put out a survey to my circle of female friends, confidants and Wing Girls (over 200 women). I asked each of them, What Do You Find Sexy? Below are the top 11 responses:

1) Intelligence Without Arrogance. Intelligence is sexy only when the guy's not attempting to belittle you or be arrogant in the process. It's extremely sexy when a man knows how to maintain his intelligence without riding a high horse in the process.

2) Voice – “When I hear a man with a deep voice that comes from his diaphragm it makes my tingle in area's that may not be appropriate to talk about” – Daisy. A deep voice is the ultimate sign of masculinity.

3) Honesty, Loyalty & Integrity – Overall these 3 characteristics speak to a man's character. “The measure of a man's real character is what he would do if he knew he never would be found out.”
~Thomas Babington Macaulay. Being an honest, loyal man with integrity will not only turn women on, it will keep them coming back over and over and over again.

4) Good Credit – Probably the most seemingly superficial response from my gaggle of gals, but one of the most important. Poor credit can be a huge red flag because it triggers fear that a man is not reliable, lazy and is not responsible. To save yourself from having your poor rating hold you back from attracting women, it's important

to show that you are proactively working on erasing the bad credit and committed to whipping that slate clean.

5) **Great Smile** – Even though recent studies have found that pictures of men smiling can decrease feelings of attraction from women, my survey proved otherwise. A nice, warm smile from a man can melt a woman's heart and instantly turn her on. "What's important about the smile is not the actual smile itself, but the underlying intention behind the smile. I love it when a man smirks at me in a way that says, I'm thinking something you but I'll never tell" - Jen

6) **A True Gentleman** – "In all my dating years, I have only had 2 men open doors for me. 1 of those men was my first and only one night stand. The other, is now my husband" – Monica.

MEN! Do not let chivalry die. Open doors, pull out chairs, be polite to everyone. But do it because you want to, not because you think it will get you something. That's the true definition of a gentleman.

7) **Taking Out The Garbage Without Being Asked** – "Want to know how to get my panties off in 30 seconds flat. Take out the trash without me having to ask you." – Justine.

Caring gestures make women feel really good. Guys don't realize how important they are for women when it comes to getting turned on in the bedroom. To connect physically, they really need that emotional and mental connection.

8) **A Sense of Self** – "So many men are like Velcro. They just latch onto you. Especially when they are older or divorced, which is NOT sexy at all. " – Mica.

Have a purpose, have an opinion, have a life, and you'll always be the sexiest man in the room.

9) **Sense of Humor** – "If a man can make me laugh, I'm his forever. Sexy, sexy, sexy." – Emily.

Before you start signing up for comedy classes, I want to be clear about what. I want a guy that makes me laugh, actually means. What a woman is really saying is, I want a guy that is light, fun and doesn't take himself too seriously. Enjoys life always equals sexy.

10) Good Communication – They say communication is the essential foundation to all relationships but sexy? “If I am talking to a man about something and he gets emotional and defensive I am instantly turned off. Seriously. I find it especially sexy if a man can hear me and remain grounded” - Ericha

11) Confidence - When asked, women often respond the number one thing they want in a man is confidence! **Confidence is nature's signal** that “I am not weak.” And no woman wants to be with a weak man. “A bald man is just as sexy as a man with thick wavy hair if he loves his head.” – Jennie

Confidence tells a woman I'm proud of who I am, I respect myself and you will always be safe with me.

So you see men, the real turns on for women do not include crazy, unachievable sexual fantasies. In fact, what women actually find the most sexy is when you are simply being the best you.